



Up-to-date info on Facebook



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Coffee with Cathy...

Today, April 7, 2017 at 8am in the gym

Come join other Newport Heights parents and guardians for coffee and conversation with our Principal, Ms. Cathy Leaver and our Vice-Principal, Ms. Jane Kopf Stover.

-Sponsored by the Newport Heights PTA

CALENDAR

April 7 - Coffee with Cathy-
8am in the gym

April 10-14 - Spring Break -
NO SCHOOL

April 21 - Cultural Fair
6:30pm

April 23 - Charity Ride at
Soulcycle

April 25 - Parent Education
-Puberty Talk -7pm

May 1-5 - Staff Appreciation

Upcoming Events & Dates

Cultural Fair April 21, 2017

When: April 21, 2017 at 6:30

Where: Newport Heights
Gym

What: Displays, food,
games, activities, scavenger
hunt and prizes.



- Share Your Culture - through food, display, clothing, dance, music, games or crafts.

[Sign up here](#)

- Please stop by the Girl Scout Welcome table to help them translate the word "welcome" to your native language
- Language Helpers Needed: There will be a "language table" for students to ask how to write or say common phrases.
- Perform dance or music: Please contact Zubeir and Shermin Jaffer at shermin_ali@hotmail.com
- Decorate a flag that represents your cultural heritage. Flag templates came home this week in student's backpacks. Extra copies will be in the office.
 - Please return flags to the box labeled "Cultural Fair" in the front office. We will decorate the walls and hallways with flags.

Can you help set up or clean up? [sign up here](#)

Ride for NHE at SoulCycle

Sweat it out, burn calories, and raise money for NHE!

100% of your donation will support educational enrichment programs at NHE. For a \$25 donation, you get a 45-minute ride with other supporters of NHE, complimentary cycling shoes, a bottle of water, and a towel for the ride. If this is your first ride, no problem! SoulCycle

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Elementary](#)

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staff will help you settle into a bike and the instructor will make sure that you have an awesome workout. Invite family and friends to ride with you!

Date: Sunday, April 23, 2017 @ 3:00pm (arrive at 2:30pm to check in and settle into a bike)

Location: SoulCycle Bellevue, 10470 NE 4th Street, Bellevue, WA 98004

Cost: \$25

Contact: Deana Ahn at procurement@nhe-pta.org



Buy your ticket at: [Soulcycle Charity Ride](#)

Free Parent Education

START STRONG: HOW TO TALK WITH YOUR CHILD ABOUT PUBERTY

Puberty - a time of many changes and many questions. Parents often want to talk with their children about puberty, but aren't sure how to start or what to say. This 90-minute seminar gives you the tools, tips and strategies to have these important conversations. Parents will learn:

- What puberty is all about!
- What changes to expect - physically, emotionally and socially
- How to start talking with your child - and what to say
- Common questions your child may have and how to answer them
- Available resources to help you along the way

When: Tuesday, April 25, 2017 at 7:00 PM - 8:30 PM PDT

Where: Somerset Elementary School
14100 Somerset Boulevard Southeast
Bellevue, WA 98006

This is a free event sponsored by the NHE PTA along with Eastgate Elementary and Somerset Elementary.

[Register Here](#)

PTA News

BLAZE THE TRAIL- ONLINE Auction

Our fundraising campaign will continue through the month of April. Three ways to contribute...

- Here is a link to our ONLINE Auction: [Online Auction](#)
 - There are many "Teacher Experiences" to purchase. The teachers have generously donated their time and are offering fun activities to do with the kids as a fundraiser for the PTA. Here is a couple examples: "Sundae" Matinee with Mrs. Unck and Butler -or- Hot Cocoa and Donuts with Mrs. Quimbey
 - There are items for bid and items to purchase, where all money raised will go straight to our NHE PTA
- Online Donation: <http://nhe.schoolauction.net/blazingthetrail/homepages/show>
- Check written to the NHE PTA with "Auction 2017" in the subject line. Place the check in an envelope and drop it in the box labeled "Auction" in the front office.

Are you curious about our fundraising efforts and where our PTA funds go? Please check out this link for more information: [2015-2016 Spending allocation](#)

There will be more information forthcoming in the next 2 months.

Questions? please contact: fundraising@nhe-pta.org

YEARBOOKS for SALE - Deadline is 4/21/17

**Last Chance \$30
Don't Miss Out!!!!**

If you would like to order a yearbook for your child the deadline is April 21, 2017. We will NOT be ordering any extra yearbooks this year so this is your last opportunity to buy one.

You can't remember if you ordered one? [click here](#)

[Order Yearbook Here](#)

Watch D.O.G.S.

Watch D.O.G.S. (Dads of Great Students) is a national program that supports parents, particularly fathers coming into their child's school for a day.



Dads of Great Students

Your time will be spent helping in the overall management of the students as well as having time in your child's classroom.

If you've been looking for an opportunity to be more involved with your child's NHE experience, this is your chance!!

We hope you will join us in the morning on January 24th for coffee, donuts, and a short presentation.

Sign up NOW for your day: [Click Here](#)

Questions? Go to [WatchDogs](#) or email us at president@nhe-pta.org

Please note: If you have not previously completed a Volunteer Application with NHE you MUST do so before you can volunteer at the school. This is a simple form that will take 5 minutes to complete and it will be available to you at this event. Please come prepared with your ID Card, as we will need to take a photo copy to send with your application.

Office Helpers still needed!

Are you available to help the office staff for a short time after drop-off? Checking in late students and helping with office tasks... It's easy! We need help during the month of November.

Please contact Megumi Tsukue at megumi.tsukue@gmail.com to help.

School News

REGISTER FOR KINDERGARTEN

Registration for kindergarten for the 2017-18 school year has begun!

Please [sign up here](#) to schedule a time to come into the office to fill out paperwork and check your forms for residency with the office staff. They will be able to answer your questions about the forms for enrollment.

Principal Leaver's Latest Blog...

Hear from our Principal...

Read Mrs. Leaver's latest blog... [March 6th Sharing the Great Things of NHE](#)

Parking Reminder

Remember to stay respectful to our NHE neighbors. Please do not block driveways or mailboxes!

District News

The Gift of Failure: An Evening with Author Jessica Lahey

Wednesday, April 26
6:30-8:30 p.m.
Interlake High School Performing Arts Center

What's the best way to motivate your student to own their education, learn deeply and durably, and develop resilience? Join us for this free Education Connections event with New York Times bestselling author Jessica Lahey, as she discusses intrinsic motivation, and how we, as parents and educators, can foster it in our children.

To read Jessica's book in advance of the event, visit Amazon.com. Copies also will be available for purchase at the event. Free tickets are available at EventBrite.

This event is presented by Bellevue Schools Foundation, in partnership with the Bellevue School District and Bellevue PTSA Council 2.3

Community News

Summer Camps

Organization: Asia Pacific Language School
Flyer: [2017 Summer Camp](#)

Organization: Stroum Jewish Community Center
Flyer: [Summer Camp 2017](#)

Come swim this summer at Somerset Rec Club! Bellevue-area Somerset Recreation Swim and Tennis Club Summer Memberships, Swim Lessons and Swim Team Registration Now Open: Now offering group 1-Week Swim Lessons for children ages 5-12 from beginner to advanced skill level. Lessons begin in July. Check out www.somersetrec.org to sign up for membership, swim team, tennis programs, and/or your preferred swim lesson dates today! Hurry spots will fill quickly. Somerset Rec is also looking for kids ages 7-18 to join its Summer Swim Team - Swim Team begins May 16. Check out our amazing pre-competition swim team program called Sharkies for kids ages 5 - 7. New member special pricing. For more information about membership visit www.somersetrec.org or contact Michele at brownruegg@yahoo.com or Patricia at pamagnani@gmail.com

Thunderbird Little League

Registration is now open for Bellevue Thunderbird Little League. Boys and girls from age 5 and up can register to play Baseball or Softball in our T-Ball and upper divisions. The typical commitment is only two days per week from April - June.

Playing team sports has many benefits. It promotes both physical skills and an active and healthy lifestyle while helping to develop leadership through cooperation and teamwork. Team sports also creates a sense of belonging and team membership through social interaction and helps in developing a child's self esteem, discipline, patience and perseverance. The most important goal of our league is that each child have fun and have an opportunity to bond with not only their teammates, but their parents as well. If you are interested in registering for the upcoming 2017 Spring season, please go to www.BellevueThunderbird.com and sign up.

Bellevue Thunderbird Little League is a non-profit organization committed to enriching the lives of our boys and girls and fostering a love of the game by providing a fun and safe environment in which to play baseball and softball, regardless of a player's ability.

Nowland Premier Soccer Academy

Dear parents,

We are excited to announce that NPSA is expanding our program to serve the Newport Hills community.

Starting this Summer 2017, we will be offering a variety of programs in Newport Hills including Premier Development teams (U9-U12) that will compete in the PSPL, Tiny Titans (U6) and Junior Titans (U7-U8) programs, and our very popular Center of Excellence technical training program.

To introduce the Newport Hills community to the NPSA way of developing youth soccer players, our professional coaching staff will be running a Free Training Clinic for the first 3 weeks of April at Newport Hills Park.

This will be a great opportunity for families to get a feel for NPSA as an organization and an understanding of why NPSA is the fastest-growing youth soccer club in the State of Washington.

The Free Training Clinic is open to boys & girls born in 2010, 2009, 2008, 2007, 2006 & 2005. There are limited spots available so register today to avoid disappointment. The schedule and link to register is below:

Free Training Clinic:

Dates: April 4th, 6th, 11th, 13th, 18th, 20th (Tuesdays & Thursdays)

Times: 5.30pm-7pm

Location: Newport Hills Park, 6029 120th Ave SE, Bellevue

Birth Years: 2005-2010

REGISTER HERE!

This opportunity is open to any players so feel free to forward this information to your family and friends!

If you have any questions please don't hesitate to contact us via this e-mail address.

Together Each Achieves More

NPSA Titans Team

Youth Sailing

MBYC Youth Sailing is a Meydenbauer Bay Yacht Club sponsored program providing youth sailors with the opportunity to experience the joy of sailing while also learning about boating safety. Our one-week programs, which are offered from mid-June until the end of August each year, are open to young people age 8 to 18, and provide a variety of sailing activities for both novice and experienced sailors. Participants can choose to sail boats from several classes of dinghies on the beautiful waters of Meydenbauer Bay and Lake Washington. In operation for more than 20 years, MBYC Youth Sailing continues to be a popular program, attracting approximately 270 young sailors each season. For more information, and registration, please click on the Youth Sailing link at: www.mbycwa.org or go to our direct link <https://sites.google.com/site/mbycwayouthsailing/>.

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