



Up-to-date info on Facebook



Like us on Facebook for the latest news!

PTA Positions Open for 2017-18 School Year

Looking for a way to meet new parents and connect with the NHE community? We'd love to have you join our PTA team for the 2017-2018 school year!

Executive Board Positions

Co-President: Ronda Woodcox

Co-President: _____

Secretary: Rebecca Laughlin

Treasurer: _____

Hospitality: Kathy Trentham and Linda O'Hare

Communications: _____

Fundraising: Alicia Brender

Educational Enrichment: Kristina Getty and Tori Eide

Student Programs: _____

Interested in learning more about these positions? Would you like to meet the other board members?

- Come to our open house May 5th at 8:30 in the NHE gym after "Coffee with Cathy"!

In the meantime, if you have any questions about the PTA executive board positions or if you want to connect with someone on the nominating committee, please email: milesah20@hotmail.com

Upcoming Events & Dates

Cultural Fair April 21, 2017

When: April 21, 2017 at 6:30

Where: Newport Heights Gym

What: Displays, food, games, activities, scavenger hunt and prizes.



- Scavenger Hunt with Raffle/prizes
- **Dress up** in clothing that reflects your Cultural Heritage! Prize will be awarded to best dressed family.

Can you help at the Language Table, set up, or clean up?
[sign up here](#)

CALENDAR

April 21 - Cultural Fair
6:30pm

April 23 - Charity Ride at
Soulcycle

April 25 - Parent Education
-Puberty Talk -7pm

May 5 - Coffee with Cathy 8
am (in gym)

May 5 - PTA Open House
8:30 am (in gym)

May 8-12- Staff
Appreciation (date change)

May 19 - Movie Night

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QUICK LINKS

[Newport Heights
Elementary](#)

[NHE PTA](#)

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Like us on Facebook

Ride for NHE at SoulCycle

Sweat it out, burn calories, and raise money for NHE!

100% of your donation will support educational enrichment programs at NHE. For a \$25 donation, you get a 45-minute ride with other supporters of NHE, complimentary cycling shoes, a bottle of water, and a towel for the ride. If this is your first ride, no problem! SoulCycle staff will help you settle into a bike and the instructor will make sure that you have an awesome workout. Invite family and friends to ride with you!



Date: Sunday, April 23, 2017 @ 3:00pm (arrive at 2:30pm to check in and settle into a bike)

Location: SoulCycle Bellevue, 10470 NE 4th Street, Bellevue, WA 98004

Cost: \$25

Contact: Deana Ahn at procurement@nhe-pta.org

Buy your ticket at: [Soulcycle Charity Ride](#) or Pay at the door and [sign up here](#)

Staff Appreciation Week

We will be celebrating the Super Staff at NHE soon. We need your help to show these heroes how much we appreciate them! There is something fun planned for each day of the week.

Do you have some ideas or want to get involved in the planning?

Please Email: nhestaffappreciation@gmail.com



You can help by donating your:

- Time: Watch for volunteer slots on the main sign-up page that will be in next week's Dolphin Dispatch.
- Items: We need donations of items to include in the raffle. [sign up here to donate an item](#)
- A Monetary Donation: Donate Online: [here](#) for the Staff Appreciation Fund or send a check to the office with "Staff Appreciation" in the memo line. Any amount is appreciated!

Movie Night

When: May 19th at 6:30 (Doors open at 6:15)

Where: NHE Gym

What: Bring your pillows, blankets and enjoy watching "Sing". Fun for the whole family with free popcorn, treats, and Door prizes.

Volunteers needed to help with making popcorn, passing out treats, door prizes and setup/cleanup.

Please contact: Ranjani at: ranjmr@gmail.com or Fiona at: fionakailey@gmail.com with questions or to help.

Free Parent Education

START STRONG: HOW TO TALK WITH YOUR CHILD ABOUT PUBERTY

Puberty - a time of many changes and many questions. Parents often want to talk with their children about puberty, but aren't sure how to start or what to say. This 90-minute seminar gives you the tools, tips and strategies to have these important conversations. Parents will learn:

- What puberty is all about!
- What changes to expect - physically, emotionally and socially
- How to start talking with your child - and what to say
- Common questions your child may have and how to answer them
- Available resources to help you along the way

When: Tuesday, April 25, 2017 at 7:00 PM - 8:30 PM PDT

Where: Somerset Elementary School
14100 Somerset Boulevard Southeast
Bellevue, WA 98006

[Register Here](#)

PTA News

BLAZE THE TRAIL- ONLINE Auction

Our fundraising campaign will continue through the month of April. Three ways to contribute...

- Here is a link to our ONLINE Auction: [Online Auction](#)
 - There are many "Teacher Experiences" to purchase. The teachers have generously donated their time and are offering fun activities to do with the kids as a fundraiser for the PTA. Here is a couple examples: "Sundae" Matinee with Mrs. Unck and Butler -or- Hot Cocoa and Donuts with Mrs. Quimbey
 - There are items for bid and items to purchase, where all money raised will go straight to our NHE PTA
- Online Donation: <http://nhe.schoolauction.net/blazingthetrail/homepages/show>
- Check written to the NHE PTA with "Auction 2017" in the subject line. Place the check in an envelope and drop it in the box labeled "Auction" in the front office.

Are you curious about our fundraising efforts and where our PTA funds go? Please check out this link for more information: [2015-2016 Spending allocation](#)

There will be more information forthcoming in the next 2 months.
Questions? please contact: fundraising@nhe-pta.org

YEARBOOK Deadline TODAY - 4/21/17

Last Chance \$30
Don't Miss Out!!!!

If you would like to order a yearbook for your child the deadline is April 21, 2017. We will NOT be ordering any extra yearbooks this year so this is your last opportunity to buy one. If you have any questions please contact Alice Linker alicelinker@hotmail.com or Sarah Oliver soliver@nbbj.com.

You can't remember if you ordered one? [click here](#)

You may purchase a yearbook online [Here](#) Or fill out a form at the front office and pay by check to NHE PTA.

Watch D.O.G.S.

Watch D.O.G.S. (Dads of Great Students) is a national program that supports parents, particularly fathers coming into their child's school for a day.

Your time will be spent helping in the overall management of the students as well as having time in your child's classroom.

If you've been looking for an opportunity to be more involved with your child's NHE experience, this is your chance!!

We hope you will join us in the morning on January 24th for coffee, donuts, and a short presentation.

Sign up NOW for your day: [Click Here](#)

Questions? Go to [WatchDogs](#) or email us at president@nhe-pta.org



Dads of Great Students

Please note: If you have not previously completed a Volunteer Application with NHE you MUST do so before you can volunteer at the school. This is a simple form that will take 5 minutes to complete and it will be available to you at this event. Please come prepared with your ID Card, as we will need to take a photo copy to send with your application.

Office Helpers still needed!

Are you available to help the office staff for a short time after drop-off? Checking in late students and helping with office tasks... It's easy! We need help during the month of November.

Please contact Megumi Tsukue at megumi.tsukue@gmail.com to help.

School News

REGISTER FOR KINDERGARTEN

Registration for kindergarten for the 2017-18 school year has begun! Please [sign up here](#) to schedule a time to come into the office to fill out paperwork and check your forms for residency with the office staff. They will be able to answer your questions about the forms for enrollment.

Principal Leaver's Latest Blog...

Hear from our Principal...

Read Mrs. Leaver's latest blog... [April addition of Sharing the Great Things of NHE](#)

Parking Reminder

Remember to stay respectful to our NHE neighbors. Please do not block driveways or mailboxes!

District News

The Gift of Failure: An Evening with Author Jessica Lahey

Wednesday, April 26
6:30-8:30 p.m.
Interlake High School Performing Arts Center

What's the best way to motivate your student to own their education, learn deeply and durably, and develop resilience? Join us for this free Education Connections event with New York Times bestselling author Jessica Lahey, as she discusses intrinsic motivation, and how we, as parents and educators, can foster it in our children.

To read Jessica's book in advance of the event, visit Amazon.com. Copies also will be available for purchase at the event. Free tickets are available at EventBrite.

This event is presented by Bellevue Schools Foundation, in partnership with the Bellevue School District and Bellevue PTSA Council 2.3

Community News

Summer Camps

Organization: Asia Pacific Language School

Flyer: [2017 Summer Camp](#)

Organization: Stroum Jewish Community Center

Flyer: [Summer Camp 2017](#)

WISE Camps

Offer exciting science and math camps in the morning & afternoon in July at Newport High School in Bellevue for students entering grades 3-10. The science camps are designed to give students hands-on experience with lab equipment and excite them even more about science. The math camps are designed to expose students to advanced topics in a fun way with tons of hands-on activities! Cost of the camp includes a t-shirt for tie-dying. Lunch on campus is provided for those who choose to do full day. Questions? Contact wisecamps@gmail.com. Register at: www.wisecamps.com

Girls Basketball

Does Your Daughter Like Basketball?

If your daughter likes to play basketball, consider having her try out for the Newport Girls Select Basketball team in the fall. She would get to play with friends from school, learn new skills and most importantly - have lots of fun! Tryouts are usually the 2nd or 3rd week of September - so mark it on your calendar. For more information, go to <http://ngba.team>.

Summer Gymnastics for Boys and Girls

Summer Gymnastics Camp for Boys and Girls - June 28th-30th!

The Newport gymnastics team, along with Melissa Baker, gymnastics coach with 10+ years of experience, will be hosting a 3-day camp for boys and girls entering K-6th grade, June 28th-30th at Newport High School. No prior gymnastics experience is necessary and groups will be divided by age and skill level. Morning (9:00am-12:00pm) and afternoon (1:00-4:00pm) sessions are available.

Space is limited and the last camp sold out, so register soon! To register, visit: www.newportgymnastics.wordpress.com and click on "REGISTER FOR CAMP" at the top of the page. For questions, please email newportgymbooster@gmail.com

Newport Heights Elementary | communications@nhe-pta.org | <http://nhe-pta.org>
5225 119th Ave SE
Bellevue, WA 98006

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